



## PHYSIOMAX COVID-19 UPDATE

With the current uncertainty in relation to the Coronavirus, the team at Physiomax wishes to reassure you that your health and safety is our top priority.

Physiomax is currently operating as normal.

We have had some clients express concern due to the virus.

Here are the infection control measures we are taking to ensure your health and safety.

Due to recent health directives by the State Health Department, Australian Government and the World Health Organisation, our clinic has implemented extra cleaning and infection control protocols including:

- No use of materials such as towels, curtains, bed sheets or pillows that may retain germs or bacteria.
- Frequent wiping of surfaces, such as treatment beds and pilates equipment with antibacterial wipes.
- Washing of hands (**this is best**) before and after clients or using hand sanitizer.

As our valued clients, you can help reduce the risk of the spread of germs and the virus by performing the following:

- Wash or sanitise your hands before and after use of exercise equipment and your Physiotherapy session.
- Bring your own gym towel and drink bottle to exercise classes and treatment sessions.
- Cover your mouth and nose when coughing or sneezing, then wash your hands immediately.
- Please do not come to the clinic if you are feeling unwell.

Please rest assured that your health and safety, plus best practice infection control measures are our top priority.

We will continue to follow health directives from the State Health Department, Australian Government and the World Health Organisation and implement changes as required.

If you have any questions or concerns, please contact the clinic on (07) 5574 4255.

*Enjoying what you love to do*